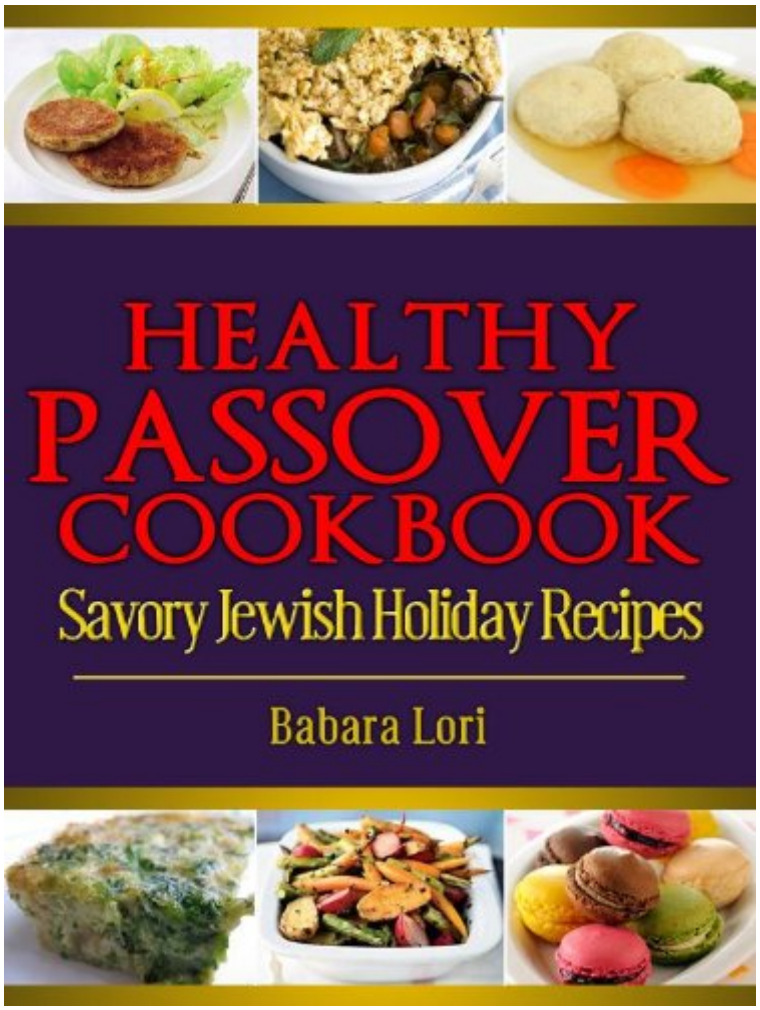
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Healthy Passover Cookbook: Savory Jewish Holiday Recipes (A Treasury Of Jewish Holiday Dishes Book 5)



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Synopsis

Each year on Passover, Jewish families everywhere celebrate with a Seder, a meal featuring rituals and symbolic foods through which the story of their ancestorsÃ¢â ¬â„¢ exodus from Egyptian slavery is retold. Passover menus can be a challenge, since no leavened bread may be eaten during the eight-day holiday, but Barbara LoriÃ¢â ¬â„¢s Healthy Passover Cookbook offers an extensive collection of delicious recipes for every part of the meal from all over the world. Among the intriguing appetizers are Caracas style mushrooms al Ajillo, Balkan cucumber dip, kibbutz style eggplant salad, a Dutch fried fish and potato patty known as viskoekjes, and Chubba Varathedhe, a meat and vegetable pastry from India. There are soups galore and a half dozen variations on matzah balls; fish, chicken, turkey, veal, lamb and beef main dishes; vegetable side dishes; and over a dozen recipes for noodle kugel. As for breads, in addition to matzah and gluten free matzah squares, there are Passover-appropriate recipes for bagels, muffins, quick breads, popovers, and bilkiesÃ¢â ¬â •a crowd-pleasing nibble similar to a cream puff shell. And since no feast is complete without dessert, Lori offers dozens of recipes for pies, cakes, tortes, cookies, fruit sorbets, and even candy.Lori also offers ideas for Passover week breakfasts and kidsÃ¢â ¬â„¢ lunches. The book includes diagrams for setting the seder table and arranging the seder plate.

Book Information

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Customer Reviews

This book has so many of the recipes I grew up with. There are also great alternative recipes you can make for your gluten-free friends and family. The Charoset for 12 is the one I use - easy to follow directions and so easy to make. You can cut the recipe for less people or make enough for 12 and have some left over to snack on. The carrot parsnip soup is really tasty - it's flavorful, healthy and easy to make. I also recommend the oven roasted spring vegetables. I love these because they're simple, delicious and they make a nice presentation because they're so colorful. And, my all-time favorite is the slow roasting brisket. It's so delicious - it's like butter. You can't go wrong.

If you want the definitive recipe for fluffy matzah balls, then you can stop searching. All other recipes are derivative and poor substitutes that will leave you wanting something better.

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